

# Beijing / China

## July 19 – 26, 2017

| Wednesday<br>19.07.2017  | Thursday<br>20.07.2017  | Friday<br>21.07.2017   | Saturday<br>22.07.2017 | Sunday<br>23.07.2017  | Monday<br>24.07.2017 | Tuesday<br>25.07.2017 | Wednesday<br>26.07.2017   |
|--|---|--|------------------------|---|----------------------|-----------------------|---|
| 8:15 – 9:00<br>Eurythmy Exercises to Enliven Self-Awareness and Observation Faculties <i>Hsin-Shih Lai</i> |   |  |                        |   |                      |                       |   |
| Introduction to Anthroposophic Medicine<br><i>Georg Soldner</i>  |   | 9:05 – 10:30<br>Interactive Learning in Small Groups:<br>Goetheanistic Observation Exercises on the Threefold Nature of the Human Being<br>Introduction <i>Matthias Girke, Georg Soldner</i>   |                        |   |                      |                       |   |
| COFFEE / TEA BREAK   |   |  |                        |   |                      |                       |   |
| Biographical Development in the Human Being<br><i>Michaela Gloeckler</i>                                   |   | 11:00 – 12:30<br>Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> ,<br>Chapter II: Why does the Human Being becomes Ill?   |                        |   |                      |                       | 12:00 – 13:00<br>Closing and Distribution of Certificates                                 |
| LUNCH BREAK  |   |  |                        |   |                      |                       |   |
| 14:00 – 15:30<br>Plenary Introduction to and Overview of the Specialty Courses                             |   | 14:00 – 15:30 and 16:00 – 17:30<br>Chronic Inflammation and Sclerosis <i>Matthias Girke</i><br>Anthroposophic Medicine in Pregnancy, Birth and Early Childhood <i>Georg Soldner</i><br>Developmental and Behavioural Disorders in the Early School Years <i>Andrea Seemann</i><br>External Treatments and Home Care <i>Elizabeth Sustick</i><br>Cornerstones of a Healthy Economy and Social Life <i>Alexander Schwedeler</i><br>Artistic and Hygienic Eurythmy - Becoming Free from One's Boundary <i>Hsin-Shih Lai</i> |                        |   |                      |                       | 15:00 – 19:00<br>Conference on the Future of Training in Anthroposophic Medicine in China |
| 17:00 – 18:00<br>Welcome and Overview of the 5-Year Curriculum   | 16:00 – 17:30<br>Preliminary Session of the Chosen Specialty Course |  |                        |   |                      |                       |   |
| EVENING BREAK  |   |  |                        |   |                      |                       |   |
| Introduction to Anthroposophy<br><i>Michaela Gloeckler</i>   |   | Child Development from the Point of View of Anthroposophic Medicine<br><i>Georg Soldner</i>  |                        | 19:00 – 20:45<br>Singing and Review of the Day, followed by<br>Medicine and the Path of Inner Development in the Presence of the Dying<br><i>Matthias Girke</i> |                      |                       |   |