

# Bangkok / Thailand

March 11 - 18, 2018

Phusakthan Resort, 222 Moo 2, Liab Klong Chonpratan Road, Hin Tang, Muang, Nakhon Nayok, 26000, Thailand

Sunday 11.03.2018	Monday 12.03.2018	Tuesday 13.03.2018	Wednesday 14.03.2018	Thursday 15.03.2018	Friday 16.03.2018	Saturday 17.03.2018	Sunday 18.03.2018
	8:00 – 8:45 Hygienic Eurythmy Exercises to Enliven Self-Awareness and Therapeutic Intuition <i>Chanok Pinsuwan</i>						
	8:50 – 10:15 Interactive Learning in Small Groups: Goetheanistic Observation Exercises as a Phenomenological Approach to Nature (for 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> year participants) Introduction <i>Stefan Langhammer</i> Principles of Diagnosis and Therapy: Multidisciplinary Small Group Work with Case Reports and Discussion (for 4 <sup>th</sup> and 5 <sup>th</sup> year participants) Introduction <i>Harald Matthes</i>						
	C O F F E E / T E A B R E A K						
	10:45 – 12:15 Text Study and Thinking Exercises in Small Groups using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter II: Why Does the Human Being Become Ill? <i>Faculty members</i> Chapter XVI: Insight into Medications (for 4 <sup>th</sup> , 5 <sup>th</sup> year doctors) <i>Harald Matthes</i>						11:30 – 12:30 Closing and Distribution of Certificates
	L U N C H B R E A K						
	14:00 – 15:30 The Polarity of Acute Inflammation and Sclerosis in Medicine <i>Harald Matthes</i> Basic Anthroposophic Nursing and Home Care <i>Maria Buettner</i> Eurythmy Therapy: Salutogenesis - Health as a Gift of Inner Activity and Responsibility <i>Chanok Pinsuwan</i> Introduction to Anthroposophy - Understanding the Essence of the Human Being <i>Stefan Langhammer</i> Therapeutic Value of Art in Waldorf Curriculum <i>Karin Jarman</i>						
16:30 – 17:00 Opening Performance	C O F F E E / T E A B R E A K						
17:00 – 18:00 Welcome and Introduction to the Theme and the Working Modus	16:00 – 17:30 Sclerosis, Cancer and Death as Conditions of Consciousness in Human Life <i>Harald Matthes</i> Basic Principles of Rhythmical Oil Embrocations (Rhythmische Einreibungen) <i>Maria Buettner</i> How to Observe Children? A Guide to Child Health <i>Andrea Seemann</i> The Foundation Stone Meditation as a Source of Inspiration for Therapeutic Group Work (Oasis) <i>Karin Jarman</i>						
	E V E N I N G B R E A K						
19:15 – 20:30 Introduction to Anthroposophy and how to Communicate <i>Stefan Langhammer</i>	18:45 – 19:15 Review of the Day				19:15 – 20:30 The Meaningfulness of Health and Illness in the Light of Anthroposophy in Relation to our Karmic Conundrums <i>Harald Matthes, Stefan Langhammer</i>		Festive Closing Evening