

Tuluá / Kolumbien

October 15 – 22, 2023

Casa de Retiros LA UMBRIA, Tuluá, Kolumbien

| Sunday 15.10.2023 | Monday 16.10.2023 | Tuesday 17.10.2023 | Wednesday 18.10.2023 | Thursday 19.10.2023 | Friday 20.10.2023 | Saturday 21.10.2023 | Sunday 22.10.2023 |
|---|---|-----------------------|-------------------------|------------------------|----------------------|------------------------|---|
| | 7:30 – 8:15 Exercises to Enliven Self-Experience Based on Eurythmy <i>Libertad Aguilar</i> | | | | | | |
| | B R E A K F A S T | | | | | | |
| | 9:00 – 10:30 Goethean Exercises on the Action of the Constitutional Elements in the Human Body Introduction to Small Group Work: <i>Matthias Girke</i> | | | | | | |
| | C O F F E E / T E A B R E A K | | | | | | |
| | 11:00 – 12:30 Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter X: The Function of Fat in the Human Organism and the Deceptive Local Syndromes | | | | | | |
| | L U N C H B R E A K | | | | | | |
| | 14:00 – 15:30 Pharmaceutical Course: Medicines for Allergic and Autoimmune Diseases <i>Albert Schmidli</i> 16:00 – 18:00 Allergic and Autoimmune Diseases - Understanding and Therapy <i>Matthias Girke</i> | | | | | | 12:30 – 13:30 Closing and Distribution of Certificates |
| 17:00 – 18:30 Welcome and Introduction to the Working Modus of the IPMT | 14:00 – 15:30 und 16:00 – 18:00 Anthroposophic Art Therapy <i>Maya Moussa, Luz Myriam Triviño</i> Anthroposophic Psychotherapy <i>Ad and Henriette Dekkers</i> Music Therapy <i>Beatrix Frey, Irene Rodriguez</i> Rhythmic Massage <i>Marcia Marques</i> Nursing in Anthroposophic Medicine <i>Antonia Olavarria, Rolf Heine</i> | | | | | | |
| | E V E N I N G B R E A K | | | | | | |
| | 19:10 – 20:15 Singing, Movement and Review of the Day 20:15 – 21:30 Self-Development and Self-Efficacy: The Spiritual Nature of the Human Being and the Work in the Community <i>Matthias Girke</i> | | | | | | |

Languages to be used: Spanish, German

For further information or registration:
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Programme changes possible