

Find Connection in Community, Support our Training Programs, Deepen your Understanding IPMT-Online Offerings Spring 2020

In this special year of the corona virus pandemic we are asked to be flexible in many new and different ways. Part of that involves the creation of a "IPMT-online" program in place of the annual training conference in Chestnut Ridge, NY which has had to be cancelled. An unexpected benefit: the opportunity for us now to study and learn together in a much broader community (perhaps even across different continents), and enjoy the participation of those who may not have been able to travel to the conference. - Below is a listing of upcoming offerings. You are encouraged to join us for some or all—whatever meets your needs and schedule. The live online video teaching sessions will be recorded, so that if you are registered, but unable to participate in the actual meeting you can watch or review them later on your own schedule. But we hope you will join and be part of the conversation!

We welcome the participation of physicians from all parts of the world. There are special discounts available this year for medical and nursing students. Contact us for more information.

PART ONE: Four Wednesday evenings during the month of April

Eurythmy Practice to Support Resilience and Immunity, with Glenda Monasch TE

Wednesdays, April 8, 15, 22, 29 at 8:30pm EST/7:30pm CST/6:30pm MST/5:30pm PST

Open to licensed prescribers, nurses, rhythmical massage therapists, therapeutic eurythmists and other therapists

These 60-minute sessions will provide demonstration, practice, and discussion of foundational eurythmy exercises to help us navigate this challenging time.

Registration required, Tuition for the four sessions: \$100

Tuition for medical and nursing students: \$25 (contact us to let us know where you are studying to get the discount code)

Anthroposophic Medical Approaches to Infectious Diseases, an IPMT-online offering

Wednesdays, April 8, 15, 22, 29

Limited to physicians and licensed prescribers (MD, DO, ND, NP, PA practitioners)

There will be two options for each session, meeting either before or after the eurythmy teaching sessions—choose the time that works best for your schedule:

- Early slot: 7:15pm-8:15pm EST/6:15pm-7:15pm CST/5:15pm-6:15pm MST/4:15pm 5:15pm PST (probably best for those in the Eastern half of the U.S.)
- Late slot: 9:45pm-10:45pm EST/8:45pm-9:45pm CST/7:45pm-8:45pm MST/6:45pm-7:45pm PST (probably best for those in the Western half of the U.S.)

This course will be a four-part study and discussion of the chapter on "Infectious Diseases" in *The Anthroposophic Approach to Medicine* by Husemann/Wolff, Volume III. The sessions will be divided up between four themes, and guided and moderated by IPMT faculty members. Topics include:

- The Concept of Infection, and Understanding Bacteria (April 8)
- Infection as an Ecological Problem, and the Question of Communicability (April 15)
- Viruses, perhaps with additional readings from Steiner on this topic (April 22)
- Therapy and Prophylaxis of Infectious disease (April 29)

A copy of the chapter will be provided to registrants, though you are encouraged to purchase the whole volume, which is available at <http://www.mercurypress.org/medical-titles.html>

Registration required; tuition is \$100 for the four sessions

Tuition for medical students: \$25 (contact us to let us know where you are studying to get the discount code)

PART TWO: An intensive, expanded, seven-day course in May with two world experts in anthroposophic medicine (You choose—be part of the discussion by joining the online teaching, brought live from Switzerland and Sweden—or watch the recordings later on your own schedule)

Pharmacology of Metals, with Albert Schmidli, pharmacist

Seven days, May 3-9, 2020, 11am-12:30pm EST/10-11:30am CST/9-10:30am MST/8-9:30am PST.

Open to licensed prescribers, nurses, rhythmical massage therapists, and other therapists

This course will introduce the unique physical and chemical properties of seven metals which are widely used within anthroposophic medicine: iron, copper, tin, mercury, lead, silver and gold.

They can be applied therapeutically, as specialized (often homeopathic) preparations, for a broad range of illnesses. The metallic elements will be explored through live demonstrations of their physical and chemical properties as well as enlivened observation of their natural forms. This information will then be bridged to their therapeutic applications.

Albert Schmidli is no ordinary teacher. His presentations are sought after worldwide because of their inspiring insights and remarkable demonstrations, which help participants gain awareness of the correlations between ancient healing knowledge, modern research, and the way these very special remedies can be incorporated into clinical practice today. Join us for this unique opportunity!

Registration required; tuition is \$200 for the seven sessions

Tuition for medical and nursing students: \$50 (contact us to let us know where you are studying to get the discount code)

Sevenfold Constitutional Insights in Psychiatry, with Ursula Flatters MD

Seven days, May 3-9, 2020, 1pm-2:30pm EST/12pm-1:30am CST/11am-12:30pm MST/10-11:30am PST/5-6:30am NZT/1900-2030 CET

Limited to physicians and licensed prescribers (MD, DO, ND, NP, PA practitioners)

This course will provide an in-depth exploration of seven constitutional gestures, with a special focus on their diagnostic and therapeutic use in psychiatry. This sevenfold approach connects to both older mythological pictures of temperament and character (such as Greek or Roman pictures of the seven planets and related gods), as well as more modern understanding of the influence of organic imbalances and their relationships to mood disorders.

This course assumes some familiarity with basic anthroposophic principles

Dr. Flatters' teaching offers completely new insights for those who are hoping for a whole person approach to psychiatry that bridges understanding of body and mind. She will also be bringing considerations of the future will be asking of us as we enter into the next century of anthroposophic medicine!

Registration required; tuition is \$200 for the seven sessions

Tuition for medical students: \$50 (contact us to let us know where you are studying to get the discount code)

Please note: program subject to change, as we are all experiencing.

For further information or registration: <https://anthroposophicmedicine.org/events>