

# Bangalore / India

December 13 – 19, 2022

Ecumenical Christian Centre, ECC Rd, Whitefield, Bengaluru, Karnataka 560066, India

Monday 12.12.2022	Tuesday 13.12.2022	Wednesday 14.12.2022	Thursday 15.12.2022	Friday 16.12.2022	Saturday 17.12.2022	Sunday 18.12.2022	Monday 19.12.2022
8:10 – 9:00 Eurythmy <i>Aban Bana</i>							
9.00 – 10.30 Goetheanistic Observation of Plants <i>Veera Panch, Dilnawaz Bana, Jakes Jayakaran</i>							
T E A B R E A K							
11.00 – 12.30 Text study Doctors: Fundamentals of Therapy, Chapter III. The Phenomena of Life: <i>Delna Tarapore, Veera Panch</i> Teachers: The Child's Changing Consciousness, Lecture 8: <i>Lakshmi Prasanna</i> Farmers: Agriculture Course, Chapter 4: <i>Jakes Jayakaran</i> General Anthroposophy: The Four Temperaments: <i>Aban Bana, Dilnawaz Bana</i>							12:00 Closing Felicitation Distribution of Certificates
L U N C H B R E A K							
14:30 – 16:00 Doctors: Salutogenesis & Pathogenesis <i>Georg Soldner, Swapna Narendra</i> Teachers: Healing Aspects of Waldorf Education <i>Lakshmi Prasanna</i> Farmers: An Introduction to Basics of Biodynamic Agriculture <i>Jakes Jayakaran</i> General Anthroposophy: Lectures on Anthroposophy, Color & External Therapies <i>Aban Bana, Harihara Murthy, Wahida Murthy, Sridhar Reddy, John Miller.</i>							
T E A B R E A K							
16:00 Inaugural Introduction of Faculty & Participants <i>Lakshmi Prasanna</i>	16:30 – 18:00 Doctors: Methods in Anthroposophic Medicine & Therapeutic Eurythmy <i>Georg Soldner, Swapna Narendra, Dilnawaz Bana</i> Teachers: The Social Renewal Impulse of the Waldorf School <i>Lakshmi Prasanna</i> Farmers: BD Compost & BD Preparations & BD Planting Calendar Use <i>Jakes Jayakaran</i> General Anthroposophy: Practical Sessions on Painting, External Therapies & Singing <i>Aban Bana, Wahida Murthy, Sridhar Reddy, John Miller.</i>						
D I N N E R B R E A K							
19:00 – 20:00 Singing and Review of the Day 20:00 – 21:00							
Education and Health <i>Lakshmi Prasanna</i>	Rhythm and Sleep <i>Georg Soldner</i>	Exhaustion due to Digitalization <i>Georg Soldner</i>	External Therapies in Healing <i>Sridhar Reddy</i>	Eurythmy – its Role in Strengthening the Etheric <i>Dilnawaz Bana</i>	Spiritual Practice in Anthroposophic Medicine <i>Georg Soldner</i>	Spiritual Aspects of the Human Heart <i>Georg Soldner</i>	

Language to be used: English / For further information or registration: Harihara Murthy, [ent.harihara@gmail.com](mailto:ent.harihara@gmail.com) and <https://amsindiachapter.com> / Programme changes possible