

## International Postgraduate Medical Training 2024. Bengaluru. INDIA – Programme Schedule

<b>DAY 1</b> Saturday 30 <sup>th</sup> November	DAY 2 Sunday 1 <sup>st</sup> Dec	DAY 3 Monday 2 <sup>nd</sup> Dec	DAY 4 Tuesday 3 <sup>rd</sup> Dec	DAY 5 Wednesday 4 <sup>th</sup> Dec	DAY 6 Thursday 5 <sup>th</sup> Dec	DAY 7 Friday 6 <sup>th</sup> Dec	<b>DAY 8</b> Saturday 7 <sup>th</sup> December
	<b>8.10 am – 9.00 am</b> Enlivening & Hygenic exercises in Eurythmy – <i>Dr Bindu Gupta</i>						
	<b>9.00 am – 10.30 am</b> Goetheanistic Observation – <i>Dr Veera Panch</i>						
	<b>10.30 am - 11.00 am</b> TEA - BREAK						
	<b>11 am – 12. 30 pm</b> <b>Text Study</b> – Doctors (both groups) Chapter 14, Fundamentals of Therapy. * Art Therapy: Chapter 2, Nature of Colour * Teachers: Lecture 8, Study of Man * Biodynamic farmers: Chapter 4, Agriculture Course * ADL: Lecture 1, The Social Future (GA332a) * Psychotherapists: Chapter 14, Fundamentals of Therapy.						
	<b>12.30 pm – 2.30 pm</b> LUNCH & REST						
<b>2.00 pm</b> Participants arrive	<b>2.30 pm – 4.00 pm</b> <b>Doctors (Senior):</b> 4 Systems & Ext. Applications: <i>Drs Marion Debus, Sridhar Reddy, Training Group</i> <b>Doctors (New):</b> Introduction to AM, Biography, Nutrition: <i>Drs Harihara Murthy, Sangita Sohi.</i> <b>Psychotherapists:</b> 7 planets, organs & soul qualities: <i>Drs Vasuprada Kartic &amp; Kiranmayi Bapi</i> <b>Teachers:</b> Senses in the context of the Waldorf School I: <i>Dr Lakshmi Prasanna</i> <b>Biodynamic Farmers:</b> Principals of Biodynamic farming, Use of BD preps: <i>Jakes Jayakaran</i> <b>Art Therapy:</b> Painting exercises I: <i>Dr Wahida Shaikh, Jyoti Pagdi, Usha Chandrachood &amp; Shilpika Turakhia</i> <b>Anthroposophy in Daily life:</b> Exploring the 12 Virtues: <i>Loknath Koneru</i>						<b>12 noon</b> <b>Closing</b>  <b>1 pm</b> <b>Lunch</b>  <b>Farewell</b>
	<b>4.00 pm – 4.30 pm</b> TEA - BREAK						
<b>5.00 pm</b> <b>Inaugural</b> Welcome All Introduction of participants	<b>4.30 pm – 6.00 pm</b> <b>Doctors ( Senior):</b> 4 Systems & Ext. Applications: <i>Drs Marion Debus, Sridhar Reddy, Training Group</i> <b>Doctors ( New):</b> Experiential ex in Colour, Therapeutics of fever & Ext. Appl: <i>Drs Marion Debus, Wahida Shaik &amp; Sridhar</i> <b>Psychotherapists:</b> Psychosomatics & Case discussion: <i>Drs Vasuprada Kartic &amp; Kiranmayi Bapi</i> <b>Teachers:</b> Senses in the context of the Waldorf School II: <i>Dr Lakshmi Prasanna</i> <b>Biodynamic Farmers:</b> Planting Calendar, BD Compost, Demeter Certification : <i>Jakes Jayakaran</i> <b>Art Therapy:</b> Painting exercises II: <i>Dr Wahida Shaikh, Jyoti Pagdi, Usha Chandrachood &amp; Shilpika Turakhia</i> <b>Anthroposophy in Daily life:</b> Application of 12 Virtues in personal & professional life: <i>Loknath Koneru</i>						
<b>7.00 pm</b> Dinner	<b>6.30 pm – 7.15 pm</b> DINNER BREAK						
	<b>7.15pm – 8.00pm</b> <i>Review of the Day</i>						
<b>8.00 – 9.00 pm</b> Evening Lecture	<b>8.00 – 9.00pm</b> <b>Evening lecture</b> <i>Various Speakers</i>						
	For further queries: contact Dr Swapna Narendra @ swapnanarendra@gmail.com						