

Penang / Malaysia
July 8 – 15, 2018

Rainbow Paradise Hotel, Penang, Malaysia

Sunday 08.07.2018	Monday 09.07.2018	Tuesday 10.07.2018	Wednesday 11.07.2018	Thursday 12.07.2018	Friday 13.07.2018	Saturday 14.07.2018	Sunday 15.07.2018
	8:30 – 9:20 Eurythmy Exercises to Enliven Self-Awareness: Vowels, Consonants <i>Hsin-Tsih Lai</i>						
	9:30 – 10:45 Interactive Learning in Small Groups: Goetheanistic Observation Exercises: The Influence of the Four Elements in Nature Introduction: <i>Michaela Gloeckler</i>						
	C O F F E E / T E A B R E A K						
	11:15 – 12:30 Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter I: True Insight into the Nature of the Human Being as a Foundation for the Art of Medicine						12:00 – 13:00 Closing and Distribution of Certificates
	L U N C H B R E A K						
From 15:00: Registration	14:30 – 16:00 and 16:30 – 18:00 The Physiology of the Lung as a Basis for Diagnosis and Therapy <i>Daphne von Boch</i> Elements of Care <i>Rolf Heine</i> Transformation Processes in the Plant Realm und in Pharmacy. Plant-Based Metals <i>Salete Klett</i> Colour and Form as the Basic Principles in Art Therapy <i>Karin Jarman</i> Anthroposophic Nutrition <i>Joean Oon</i> Artistic Eurythmy: As Individuals and in the Group – Where Do I Stand? <i>Hsin-Shih Lai</i> Introduction to Biography Work <i>Susanne Hofmeister</i> Milestones in Child Development - Behavioral Problems and Emotional Disorders <i>Andrea Seemann</i> Waldorf Education and our Present Day Technological World. - Can this Educations Still Support the Healthy Development of the Growing Child? <i>Astrid Schmitt-Stegmann</i> The Main Pillars of a Healthy Social Life: Business, Leadership and Community Building; World Economy and the Role of Money <i>Alexander Schwedeler</i>						
17:30 – 18:45 D I N N E R	Introduction to Biodynamic Farming <i>Jakes Jajakaran</i>						
	E V E N I N G B R E A K						
18:45 – 19:45 Introduction	19:15 – 19:45 Review of the Day 19:45 – 21:00 How Does Health Develop? How Can We Strengthen it Physically, Mentally and Intellectually? <i>Michaela Gloeckler</i>						

Language to be used: English

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Programme changes possible