

## Tultenango / Mexico October 12 – 19, 2021

Casa de Retiros, Santo Domingo - Ex -Hacienda del Tultenango, Apartado Postal 18, C.P. 50600 El Oro, Estado de México

| Tuesday<br>12.10.2021         | Wednesday<br>13.10.2021   | Thursday<br>14.10.2021 | Friday<br>15.10.2021 | Saturday<br>16.10.2021 | Sunday<br>17.10.2021 | Monday<br>18.10.2021 | Tuesday<br>19.10.2021   |
|-------------------------------|---|------------------------|----------------------|------------------------|----------------------|----------------------|---|
|                               | 6:45 – 7:10<br>Spacial Dynamics and Bothmer Gymnastics <i>Oscar Sánchez León</i><br>7:10 – 8:15<br>Eurythmy Exercises to Strengthen the Human Constitution <i>Carmen San Miguel</i>   |                        |                      |                        |                      |                      |   |
|                               | B R E A K F A S T   |                        |                      |                        |                      |                      |   |
|                               | 9:00 – 10:30<br>Introduction to Small Group Work <i>Martin-Guenther Sterner, Vincent Geerts Rasquin</i><br>Goetheanistic Observation Exercises: The World of Plants and the Human Constitution and their Relationship to the Cosmos   |                        |                      |                        |                      |                      |   |
|                               | C O F F E E / T E A – B R E A K   |                        |                      |                        |                      |                      |   |
|                               | 11:00 – 12:30<br>Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> ,<br>Chapter XIII: On the Essential Nature of Being Ill and of Healing  |                        |                      |                        |                      |                      | 11:00 – 12:30<br>Closing and<br>Distribution of<br>Certificates |
|                               | L U N C H B R E A K   |                        |                      |                        |                      |                      |   |
| 14:30 – 18:00<br>Registration | 14:30 – 16:00 and 16:30 – 18:00<br>On the Nature and Therapy of Cancer in Anthroposophic Medicine <i>Martin-Guenther Sterner</i><br>Aspects of Anthroposophic Pharmacy <i>Mónica Mennet-von Eiff</i><br>Anthroposophic Psychotherapy <i>Natalia González, Martin Slane</i><br>Cosmic and Earthly Nutrition <i>Martha Zapién Rosas</i><br>Aspects of Anthroposophic Education for Special Needs <i>Leticia Santagata</i> |                        |                      |                        |                      |                      |   |
|                               | E V E N I N G B R E A K   |                        |                      |                        |                      |                      |   |
| 19:15 – 20:00<br>Welcome      | 19:15 – 20:00<br>Singing and Review of the Day<br>20:00 – 21:15<br>Fundamentals of Pastoral Medicine<br><i>Martin-Guenther Sterner</i>  |                        |                      |                        |                      |                      |   |

Languages to be used: Spanish, English

For further information or registration: [contacto@ipmt.com.mx](mailto:contacto@ipmt.com.mx), [www.ipmt.org.mx](http://www.ipmt.org.mx)  
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Programme changes possible