

## International Postgraduate Medical Training in Anthroposophic Medicine (IPMT) 2021:

*THRIVE NOT JUST SURVIVE!*

*Anthroposophic Medicine: Caring for the Whole Human Being*

The Philippines IPMT 2021 will be an online conference with live and prerecorded lectures, synchronous sessions and opportunities for small group learning experiences in the different areas of the Philippines where there are Anthroposophic medicine practitioners (Iloilo, Metro Manila, Davao and Palawan).

As we determine the new normal in this pandemic, join us as we explore medicine beyond the biomedical model. Rediscover the purpose of medicine and embark on a learning journey to a real understanding of illness and healing.

Enroll in [LAMMP.anthromed@gmail.com](mailto:LAMMP.anthromed@gmail.com)

GCash: 09977724987 (Ferdinand Brawner)

BPI Account: Savings Account Ferdinand Brawner (0899105729)

JULY to September 2021	
<b>Morning Echo</b> Individual journal output via Canvas	
<b>Eurythmy Therapy</b> Synchronous session via Zoom live for 4 days 15mins (intro) - 20 minutes (Eurythmy) - 15mins (Q&A) 8:00 - 9:00 AM (August 3, 4, 5, 6) Grace Zozobrado-Hahn	
<b>Lectures:</b> <b>Introduction to IPMT, July 12, 6 pm Phils (Michael Evans)</b> <b>Overview of Anthroposophic Medicine, July 12, 8 pm Phils (Michael Evans)</b> <b>Anthroposophic Medicine in relation to COVID-19, July 14, 2pm (Georg Soldner)</b> <b>Accompanying the Chronically and Terminally Ill Aug 3, 2021</b> <b>(Dr. Henrietta Espanola/Dr. Marian Alonzo)</b> <b>Death and Dying in Anthroposophic Medicine July 27, 8pm Phils and July 29, 8 pm Phils</b> <b>(Marion Debus)</b> Prerecorded videos (45 minutes) with email Q&A: <b>Understanding COVID-19 using the 4 elements (Dr. Cricket Palanca)</b> <b>Principles in Nursing and Homecare (Dr. Ma Hortencia Gardose, Dr. Moon Maglana)</b> <b>Managing Fear, Uncertainties &amp; Doubt (Dr. Aimee Chua)</b> <b>Strengthening the Immune System (Dr. Marian AlonzoMarie)</b> <b>Grounding Oneself by Nourishing the 12 Senses (Grace Zozobrado-Hahn)</b>	
<b>Prerecorded sessions on Bothmer movement (Raoul &amp; Ferdie)</b>	

<p align="center"><b>Synchronous sessions with the speakers for clarifications and Q&amp;A</b>  <b>Michael Evans - August 24, 6pm Phils</b>  <b>Marion Debus - August 5, 8pm Phils</b>  Grace Zozobrado-Hahn</p>	
<p align="center"><b>Plant Study (Aug 9-13, 6 -8pm)</b>  Groups of 5-6 will be assigned a facilitator</p>	
<p align="center"><b>Inner work with theme on Death and Dying</b>  (Individual assignment with individual output via Canvas mentoring by facilitator assigned)</p>	
<p align="center">Text Study: <b>Steiner/Wegman, Fundamentals of Therapy</b>  August 25-28, 2021  Groups of 5-6 will be assigned a facilitator</p>	
<p align="center"><b>Review of the Day</b>  Journal output by the student (via Canvas)</p>	
<p align="center"><b>Sharing of Insights and Learnings</b>  <b>September 1, 6-8 pm</b></p>	

**Follow-up Experiential Learning:**

4 elements and fourfold human being (for beginners)

Patient Assessment: Fourfold Diagnosis and the interrelationships of the  
4 members in Illness and Healing (intermediate and  
advanced students)

Skills Training: External treatments and nursing care

Follow-up Mentoring Sessions may be scheduled as needed by the participants

Details about training and certification:

The full training will provide a total of 50 contact teaching credits (out of the 250 required to be eligible for certification in Anthroposophic Medicine)

The Program may change

P5,000 for IPMT

P2000 - for all lectures

P300 for a lecture

Deadline to register for whole IPMT: Aug 1, 2021