

Iloilo / Philippines

July 01 – 08, 2023

Cenacle, Assumption, Iloilo City

Saturday 01.07.2023	Sunday 02.07.2023	Monday 03.07.2023	Tuesday 04.07.2023	Wednesday 05.07.2023	Thursday 06.07.2023	Friday 07.07.2023	Saturday 08.07.2023
8:00 – 8:45 Registration	8:00 – 8:45 Bothmer Gymnastics <i>Raoul Cañonero</i>		8:00 – 8:45 Eurythmy Therapy <i>Grace Zozobrado-Hahn</i>				
9:00 – 10:45 Welcome and Introduction to the Theme and the Working Modus <i>Aimee Chua</i>	9:00 – 9:30 Morning Echo and Introduction to Morning Work <i>Aimee Chua</i> 9:30 – 10:45 Experiential Learning: Organ Study						9:30 – 10:45 Review of the Week, Important Learning, Future Plans, Festive Ending
COFFEE / TEA – BREAK							
11:15 – 12:30 Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i> Chapter IV: <i>On the Nature of the Sentient Organism</i>							
LUNCH BREAK							
14:15 – 15:15							
Anthroposophic Art Therapy <i>Lormie Lazo</i>	Seven Soul Types and Associated Minerals <i>Grace Zozobrado- Hahn</i>	Experiencing the 12 Senses <i>Caesar Gardose, Hortencia Gardose, Aimee Chua</i>	Adolescence <i>Cricket Chen</i>	Colours and the Astral Body <i>Marian Alonzo</i>	Pain <i>Ferdinand Brawner</i>	Depression and Anxiety <i>Henrietta Española</i>	
15:30 – 17:00 Art Activities Related to the Topic of the Day							
SUPPER BREAK							
17:45 – 19:15 Inner Work (Transforming the Soul: Exercises from Rudolf Steiner)							
19:15 – 19:45 Review of the Day							

Language to be used: English

For further information or registration: Aimee Chua, aimeechua2000@yahoo.com

Programme changes possible