

St. Petersburg / Russia, July 31 - August 7, 2021
“12 senses”

Saturday 31.07.2021	Sunday 01.08.2021	Monday 02.08.2021	Tuesday 03.08.2021	Wednesday 04.08.2021	Thursday 05.08.2021	Friday 06.08.2021	Saturday 07.08.2021
15:00 – 17:00 Registration	9:00 – 9:45 Therapeutic Eurythmy <i>Margarita Denisova</i> Bothmer Gymnastics <i>Elena Rubtsova</i>						
	B R E A K						
	10:00 – 11:30 Interactive Learning in Small Groups: Exercises to Explore the Twelve Sensory Areas of the Human Being <i>Stefan Langhammer</i>						
	B R E A K						
	11:45 – 13:15 Text Study and Thinking Exercises using R. Steiner: <i>Man as a Being of Sense and Perception (GA 206)</i> Dornach, July 22, 1921: Twelve Senses in Man						
	L U N C H B R E A K						
15:30 – 17:00 Introduction to the topic and idea of the IPMT (for beginners) <i>Vadim Sivolobov</i> <i>Victoria Romakhina</i>	14:45 – 16:00 Therapeutic Eurythmy <i>Margarita Denisova</i> Zodiac Painting <i>Elena Rubtsova</i> From the Sense of Movement to the Sense of Hearing – Joint Practice with Examples from Music Therapy <i>Viola Heckel</i> Master Class on Therapeutic Speech <i>Olga Kosireva, Olga Semenova</i>						Group photo 13:30 – 14:30 Closing, Distribution of Certificates
17:00 – 17:45 Welcome Buffet	B R E A K						
18:00 – 19:00 Opening! Presentation of the Working Groups	16:30 – 18:00 The Twelve Substances of the Zodiac – Geology, Phenomenology and Therapeutic Indications <i>Marco Ephraim, Huib de Ruiter</i> How the Twelve Nursing Gestures and the Twelve Sense Qualities Work in External Applications <i>Rolf Heine</i> Psychooncology <i>Josef Ulrich</i>						
E V E N I N G B R E A K							
19:15 – 20:30 On the Twelve Ways that Human Beings Access the World <i>Stefan Langhammer</i>	19:15 – 19:45 Review of the Day						
	Healing Power in Individuality and Community <i>Josef Ulrich</i>	Sensory Perception and the Artistic Therapeutic Process – Experiences from Music Therapy <i>Viola Heckel</i>	Concert: “For 100 years of anthroposophic medicine!” AMA Meeting	Life after Death in the Mirror of the Twelve Philosophies of Life <i>Rolf Heine</i>	Heart, Heart Diseases, Heart School <i>Marco Ephraim</i>	Interactive meeting with foreign lecturers: Answering the questions of the evening lectures	

Languages to be used: Russian, German

For further information or registration: Denis Koshechkin, ipmt@terapeuticum.ru, phone: +7 812 3252364

Programme changes possible