

St. Petersburg / Russia

July 29 - August 5, 2023

Saturday 29.07.2023	Sunday 30.07.2023	Monday 31.07.2023	Tuesday 01.08.2023	Wednesday 02.08.2023	Thursday 03.08.2023	Friday 04.08.2023	Saturday 05.08.2023
14:30 – 15:00 Preparatory Meeting of the Lecturers 14:30 – 17:30 Registration 15:15 – 16:45 Introduction Lecture for the Beginners in IPMT Process <i>Vadim Sivolobov</i> <i>Daniil Efimov</i>	9:00 – 9:45 Therapeutic Eurythmy <i>Margarita Denisova</i> Music Therapy <i>Viola Heckel</i> Bothmer Gymnastics <i>Elena Rubtsova</i>						
	C O F F E E B R E A K						
	10:15 – 11:30 Presentation of a Patient <i>Marina Rykina</i>						
	B R E A K						
	11:45 – 13:15 Interactive Learning in Small Groups: Text Study and Thinking Exercises using R. Steiner: <i>Anthroposophy. Fragment (GA45), Chapter IV</i>						
	L U N C H B R E A K						
	14:45 – 16:00 Therapeutic Eurythmy <i>Margarita Denisova</i> Planet Symbols Dynamic Painting <i>Elena Rubtsova</i> Therapeutic Singing and Life Processes <i>Stefanie Aurig</i>						Group photo 13:30 – 14:30 Closing, Distribution of Certificates & LUNCH <i>(after closing ceremony)</i>
16:45 – 17:15 Welcome Buffet 17:30 – 19:00 Opening Concert & Presentation of the Working Groups	B R E A K						
	16:30 – 18:00 Teachings of the Seven Metals - Selected Chapters: Plumbum, Mercury, Stannum, Iron, Gold... <i>(online)</i> <i>Albert Schmidli</i> Anthroposophic Medicine in Gynaecology: Pb and Ag - Polarities in Process and Therapy; the Urogenital System of Man and Woman; Phenomenological Aspects of Pregnancy and Birth from a "Classical-School Medical" and Anthroposophic Perspective <i>(online)</i> <i>Roland Frank</i> Music Therapy Experiences of the Seven Life Processes. Case Studies and Practising Together <i>Viola Heckel</i>						
	E V E N I N G B R E A K						
19:00 – 20:15 The Seven Life Processes of the Etheric Body <i>(online)</i> <i>Roland Frank</i>	Preparations of “Vegetabilised Metals” as Modern Alchemy <i>(online)</i> <i>Albert Schmidli</i>	Therapeutic Qualities in the ‘School of Undercovering the Voice’- Practical Lecture <i>Stefanie Aurig</i>	The Seven I Am- Words of Christ in St. John's Gospel and the Seven Life Processes <i>(online)</i> <i>Rolf Heine</i>	Meeting of the Anthroposophic Medical Association of Russia (AMA RF)	Evening Party & Music	Transformative Forces in Music and in the Human Being. Seven Life Processes in Music Therapy <i>Viola Heckel</i>	

Languages to be used: Russian, German

For further information or registration: Denis Koshechkin, ipmt@therapeuticum.ru, phone: +79 219303485

Programme changes possible