

St. Petersburg / Russia August 3 - 10, 2024

Saturday 03.08.2024	Sunday 04.08.2024	Monday 05.08.2024	Tuesday 06.08.2024	Wednesday 07.08.2024	Thursday 08.08.2024	Friday 09.08.2024	Saturday 10.08.2023
<p>14:30 – 15:00 <i>Preparing meeting of lecturers</i></p> <p>14:30 – 17:30 Registration of participants</p> <p>15:15 – 16:45 Introduction Lecture for the Beginners in IPMT Process <i>Vadim Sivolobov Daniil Efimov</i></p> <p>16:45-17:30 Welcome Buffet</p>	<p>9:00 – 9:45 How to Learn through Eurythmy Practice to Better Perceive the Essential Members of a Person, the Temperament and the Four Classical Elements in Oneself and in the Patient <i>Margarita Denisova</i> Music to start the day (with reference to the four elements) <i>Viola Heckel</i></p>						
	C O F F E E B R E A K						
	<p>10:15 – 11:30 Introduction to Phenomenology of the four Principles and Exercises in Phenomenological Observation <i>Albert Schmidli</i></p>						
	B R E A K						
	<p>11:45 – 13:15 Interactive Learning in Small Groups: Text Study and Thinking Exercises using Steiner / Wegman: <i>Fundamentals of Therapy</i>, Chapter II: Why does a person get sick?</p>						
L U N C H B R E A K						<p>Group photo</p> <p>13:30 – 14:30 Closing, Distribution of Certificates & LUNCH <i>(after finishing ceremony)</i></p>	
<p>14:45 – 16:00 How Eurythmy Therapy Helps Doctors and Therapists to Maintain Their Own Vitality and Health <i>Margarita Denisova</i> Case Studies from Music and Singing Therapy: Phenomenological Observation of Therapeutic Exercises <i>Viola Heckel</i> Education and Health <i>Evgenia Sergeeva</i></p>							
B R E A K							
<p>17:30 – 19:00 Opening Concert Presentation of the Working Groups</p>	<p>16:30 – 18:00 Child and Youth Development Between Birth and Adulthood – How to Create Conditions for Lifelong Health? <i>Michaela Gloeckler</i> Phenomenological Presentations on the Foundations of Anthroposophic Pharmacy <i>Albert Schmidli</i></p>						
	E V E N I N G B R E A K						
<p>19:00 – 20:15 The Path of a Doctor: On the 100th Anniversary of R. Steiner's Course for Young Doctors <i>Michaela Gloeckler</i></p>	<p>19:15 – 19:45 Review of the Day 19:45 – 21:00 Evening Lectures:</p>						
	<p>Tria Principia <i>Albert Schmidli</i></p>	<p>The Ethical Foundation of Anthr. Medicine and the Need for Self-Knowledge <i>Michaela Gloeckler</i></p>	<p>Cardiodoron as a Typical AM Medicine <i>Albert Schmidli</i></p>	<p>Presentation of the 3-Year Training Program for Doctors in RF (AMA RF)</p>	<p>Evening Party & Music</p>	<p>The Therapeutic Significance of Reincarnation and our Individual, Social and Human Destiny <i>Michaela Gloeckler</i></p>	

Languages to be used: Russian, German

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Programme changes possible