

# St. Petersburg / Russia, July 30 - August 6, 2022

| Saturday<br>30.07.2022  | Sunday<br>31.07.2022   | Monday<br>01.08.2022   | Tuesday<br>02.08.2022  | Wednesday<br>03.08.2022  | Thursday<br>04.08.2022  | Friday<br>05.08.2022  | Saturday<br>06.08.2022   |
|---|--|--|--|--|---|---|--|
| 15:00 – 17:00<br>Registration   | 9:00 – 9:45<br>Therapeutic Eurythmy <i>Margarita Denisova</i><br>Music therapy <i>Viola Heckel, Elena Gorlova</i>  |  |  |  |   |   |  |
|   | B R E A K  |  |  |  |   |   |  |
|   | 09:55 – 10:30<br>Interactive Learning in Small Groups: Exercises to Explore the 7 life processes in correspondence with 12 senses<br>Introduction: <i>Stefan Langhammer</i>  |  |  |  |   |   |  |
|   | Coffee B R E A K   |  |  |  |   |   |  |
|   | 11:00 – 13:15<br>Interactive Learning in Small Groups: Exercises to Explore the 7 life processes in correspondence with 12 senses Text Study and Thinking<br>Exercises using R. Steiner: <i>The Riddle of Humanity (GA 170)</i><br>7 <sup>th</sup> Lecture, Dornach, August 12, 1916 |  |  |  |   |   |  |
|   | 13:15 – 14:45 LUNCH BREAK  |  |  |  |   |   |  |
| 15:30 – 17:00<br>Introduction lecture<br>for the beginners in<br>IPMT process<br><i>Vadim Sivolobov</i><br><i>Daniil Efimov</i> | 14:45 – 16:00<br>The Transformation of the Life-Processes in Old People and in the Process of Dying <i>Rudolf Grigorjan</i><br>Therapeutic Eurythmy <i>Margarita Denisova</i><br>Biography Work <i>Julia Kirillova</i>   |  |  |  |   |   | Group photo<br><br>13:30 – 14:30<br>Closing, Distribution<br>of Certificates<br>& LUNCH<br>(after finishing<br>ceremony) |
| B R E A K   |  |  |  |  |   |   |  |
| 17:00 – 17:45<br>Welcome Buffet   | 16:30 – 18:00<br>The Seven Life Processes and the Process Phases in the Artistic-Therapeutic Creative Process,<br>with Practical Examples from Music Therapy <i>Viola Heckel</i>   |  |  |  |   |   |  |
| 18:00 – 19:00<br>Opening!<br>Presentation of the<br>Working Groups  | Integrative<br>Endocrinology in<br>Paediatrics<br><i>David Martin</i>  | Teachings of the Seven Metals - Selected<br>Chapters: Silver and Copper.<br><i>Albert Schmidli</i>                         | Integrative Endocrinology in Paediatrics<br><i>David Martin</i>  |  |   |   |  |
| 18:00 – 19:15 EVENING BREAK   |  |  |  |  |   |   |  |
| 19:15 – 20:30<br>Pain, Suffering and<br>Guilt as Forming<br>Processes of<br>Soul-Spiritual<br>Sense Organs<br><i>Rolf Heine</i> | 12 Senses and 7 Life<br>Processes: Fruitful<br>Concepts for<br>Medicine<br>and Pedagogy?<br><i>David Martin</i>  | How can disturbed life<br>processes be transformed<br>into a healing process<br>with music therapy?<br><i>Viola Heckel</i> | Preparations of<br>“vegetabilised<br>metals” and 7 life<br>processes.<br><i>Denis Koshechkin</i><br><i>Vadim Sivolobov</i> | Meeting of the<br>Anthr. Med.<br>Society of Russia<br>(AMA RF) | “Stain glass windows<br>of Goetheanum”<br>Lecture by <i>Georgij</i><br><i>Kavtaradse &amp;</i><br>eurythmy<br>presentation. | The seven life<br>processes in healing<br>wounds<br><i>Rolf Heine</i> |  |