

Chestnut Ridge / USA

April 3 – 9, 2022

Threefold Campus, Chestnut Ridge, Spring Valley, NY

| Sunday 03.04.2022 | Monday 04.04.2022 | Tuesday 05.04.2022 | Wednesday 06.04.2022 | Thursday 07.04.2022 | Friday 08.04.2022 | Saturday 09.04.2022 |
|---|--|--|---|------------------------|---|-----------------------------------|
| 7:15 – 8:00 Eurythmy Movement Group A, <i>Glenda Monasch</i> / BREAKFAST Group B | | | | | | |
| 8:15 – 9:00 Eurythmy Movement Group B, <i>Glenda Monasch</i> / BREAKFAST Group A | | | | | | |
| 9:15 – 10:30 Medical / pharm. track: Practices for Renewing the Patient Encounter: Multimodal Observation (6 groups) <i>Adam Blanning et al.</i> | | | | | | |
| M O R N I N G B R E A K | | | | | | |
| 11:00 – 12:15 Medical / pharm. track: Synthesizing Information to Develop a Whole-Person Assessment (6 groups) <i>Adam Blanning et al.</i> | | | | | | |
| L U N C H B R E A K | | | | | | |
| 13:30 – 15:00 Medical track: Integrative Approaches for Allergy and Inflammation <i>Carmen Hering, Alicia Landman-Reiner</i> Pharmacy track <i>Albert Schmidli, Steven Johnson</i> | | | 13:30 – 15:00 Medical / pharm. track: Historical Foundations of Natural Pharmacy: From the Four Elements to Modern Practice <i>Albert Schmidli</i> Medical track – advanced elective: Prescribing Therapeutic Eurythmy <i>Glenda Monasch</i> | | | |
| A F T E R N O O N B R E A K | | | | | | |
| 15:30 – 17:00 Medical track: Whole Child Development: Endocrine, Emotional and Social Thresholds – Part 2 <i>David Martin</i> Pharmacy track: <i>Albert Schmidli, Steven Johnson</i> | | | 15:30 – 17:00 Medical track: Diabetes, Metabolic Syndrome, Diet and Fasting – Part 1 <i>David Martin</i> Pharmacy track: <i>Albert Schmidli, Steven Johnson</i> | | | |
| 17:15 – 18:00 Dialogue Walk #1 | | | 17:15 – 18:00 Dialogue Walk #2 | | | 17:15 – 18:00 Dialogue Walk #3 |
| D I N N E R | | | | | | |
| Introduction and Orientation: Integrating Physical, Functional, Emotional and Spiritual Health <i>Adam Blanning</i> | New Lenses for Supporting Practitioner Burnout: Building Levels of Resiliency – Part 1 <i>David Martin</i> | New Lenses for Supporting Practitioner Burnout: Building Levels of Resiliency – Part 2 <i>David Martin</i> | 19:15 – 20:30 New Lenses for Supporting Practitioner Burnout: Building Levels of Resiliency – Part 3 <i>David Martin</i> | Social evening | New Lenses for Supporting Practitioner Burnout: Building Levels of Resiliency – Part 4 <i>Alicia Landman-Reiner</i> | Closing and skits / sharing |

Language to be used: English

For further information or registration: <https://anthroposophicmedicine.org/annual-training-week>

Programme subject to change