

Update: PAAM's 2021 Training Week (IPMT) will be an online conference

Beyond the Molecular and Mechanical Model:

Lung, Liver, Kidney and Heart

Join us for rich and diverse learning experiences as we explore organ physiology in exciting new ways. Last year, when our training week went online, we still formed a warm community of study and sharing. This year, too, we will come together for a new topic—lung, liver, kidney and heart—and enliven our thinking through small group discussion, artistic work, eurythmy, exploration of body-mind (organ-mood) connections, as well as practical treatments for common medical conditions.

Here are the elements of our upcoming teaching:

Keynote Presentations: with our special guest faculty, James Dyson MD.

Dr. Dyson will join us for six, live, 90-minute teaching sessions, May 2-7, at 2pm EST/11am PST (evening in the UK, where Dr. Dyson lives, all presentations recorded). He will introduce us to a whole new level of psychiatric and psychological insight, as we explore links between organ imbalance and patterns of depression, anxiety, anger, OCD and other conditions. Dr. Dyson is a much sought-after teacher, with extensive experience in the realm of “psychosomatics” or the connections between social, psychological, and behavioral factors and bodily processes.

Clinical Prescribing Workshop: with Drs. Steven Johnson, Carmen Hering and Adam Blanning. Six, 90-minute presentations, offered live from 4pm EST/12pm PST, May 2-7, all presentations recorded). Learn from experienced anthroposophic physicians about common medical illnesses related to the lungs, liver, kidney and heart. Special focus will be placed on providing you with a toolbox of anthroposophic medicines and therapies for common conditions, as well as some illnesses for which there is no effective conventional allopathic treatment. There will also be two sessions exploring organ patterns in dermatology and rheumatology—a whole new offering!

Small group study, Eurythmy, and Artistic Work:

In preparation for the keynote and prescribing workshop, we will meet on the four Mondays evening in April (5th, 12th, 19th, 26th) for:

Anthroposophic Medicinal Training: Caring for the Whole Human Being

- Eurythmy exercises, followed by artistic work (bring your pencils, paper, maybe even some clay!) Everyone will meet to do this from 8:30-10pm EST/4:30-6pm PST. We are excited that Glenda Monasch will take us through four levels of activity, as we “move” the dynamics of the four cardinal organs, and Matias Baker will challenge us to follow living physiologic processes through artistic exploration.
- Then, depending on where you live on the continent, you will join in small group study and discussion of Chapter Five of Fundamentals of Therapy, at either:
 - 6:30-8pm EST/5:30-7pm CST, or
 - 8:30-10pm MST/7:30-9pm PST—you choose the time that best fits your schedule. The same material will be covered in both slots, with dedicated small group facilitators.
- The eurythmy and artistic work will be recorded, the small group study sessions will not (you need to be part of the live conversation for those experiences)

Follow-up Mentoring Sessions:

There will be two mentoring sessions in the six weeks after the training week to help answer practical questions about diagnosis, selection of a therapy/remedy, dosing, etc. Those will be offered on:

- Mondays, May 24th and June 14th, from 8:30-10pm EST/5:30-7pm PST (both sessions will be recorded)

Registration:

The full course is limited to licensed prescribers (MD, DO, ND, NP, PA, dentists and pharmacists with a state license to prescribe medicines). Some presentations may be opened to non-prescribers as a separate registration—more information about that will be announced in the coming weeks. **Register at [AnthroposophicMedicine.org/events](https://www.anthroposophicmedicine.org/events).**

Details about training and certification:

The full training will provide a total of **44 contact teaching credits** (out of the 250 required to be eligible for certification in anthroposophic medicine or anthroposophic naturopathy). Since we are not able to meet in person, a log for documenting your notes, thoughts and question from the sessions will be provided. That log will serve as proof of your participation. The deadline for submitting your log for the keynote, clinical work, small group/eurythmy/artistic sessions will be May 31st, 2021.

Anthroposophic Medicinal Training: Caring for the Whole Human Being

		Mondays		
April 5, 2021	8:30-10pm EST/5:30-7pm PST		Therapeutic Eurythmy Exercises (45 min.) and Artistic Work (45 min.)	
	Two sessions (choose 1):	6:30-8pm EST/5:30-7pm CST 8:30-10pm MST/7:30-9pm PST	Small Group Study-Fundamentals of Therapy, Chapter Five	
April 12, 2021	8:30-10pm EST/5:30-7pm PST		Therapeutic Eurythmy Exercises (45 min.) and Artistic Work (45 min.)	
	Two sessions (choose 1):	6:30-8pm EST/5:30-7pm CST 8:30-10pm MST/7:30-9pm PST	Small Group Study-Fundamentals of Therapy, Chapter Five	
April 19, 2021	8:30-10pm EST/5:30-7pm PST		Therapeutic Eurythmy Exercises (45 min.) and Artistic Work (45 min.)	
	Two sessions (choose 1):	6:30-8pm EST/5:30-7pm CST 8:30-10pm MST/7:30-9pm PST	Small Group Study-Fundamentals of Therapy, Chapter Five	
April 26, 2021	8:30-10pm EST/5:30-7pm PST		Therapeutic Eurythmy Exercises (45 min.) and Artistic Work (45 min.)	
	Two sessions (choose 1):	6:30-8pm EST/5:30-7pm CST 8:30-10pm MST/7:30-9pm PST	Small Group Study-Fundamentals of Therapy, Chapter Five	

	Sunday, May 2, 2021	Monday, May 3, 2021	Tuesday, May 4, 2021	Wednesday, May 5, 2021	Thursday, May 6, 2021	Friday, May 7, 2021
11am-12:30pm PST 12-1:30pm MST 1-2:30pm CST 2-3:30p EST 7-8:30pm GMT	Organ observation sharing and review: <i>James Dyson</i>			Psychiatry and Psychosomatics <i>James Dyson</i>		
30-minute break						
1pm-2:30pm PST 2pm-3:30pm MST 3-4:30pm CST 4-5:30pm EST 9-10:30pm GMT	Therapy for the Illnesses of the Lungs <i>S. Johnson</i>	Therapy for Illnesses of the Liver <i>S. Johnson</i>	Therapy for Illnesses of the Kidney <i>C. Hering</i>	Therapy for Illnesses of the Heart <i>C. Hering</i>	Fourfold in Rheumatic Diseases <i>A. Blanning</i>	Fourfold in Dermatologic Diseases <i>A. Blanning</i>

May 24, 2021	8:30-10pm EST/5:30-7pm PST	Post-conference mentoring session
June 14, 2021	8:30-10pm EST/5:30-7pm PST	Post-conference mentoring session

Language to be used: English

Programme changes possible