

# Chestnut Ridge / USA

April 27 – May 4, 2019

260 Hungry Hollow Road, Chestnut Ridge, NY 10977

| Saturday<br>27.04.2019   | Sunday<br>28.04.2019 | Monday<br>29.04.2019   | Tuesday<br>30.04.2019 | Wednesday<br>01.05.2019                | Thursday<br>02.05.2019 | Friday<br>03.05.2019  | Saturday<br>04.05.2019              |
|--|----------------------|--|-----------------------|--|------------------------|---|-------------------------------------|
|  |                      |  |                       |  |                        |   | 7:15<br>Breakfast and<br>Departures |
| 7:15 – 8:00<br>Eurythmy Exercises related to the Threefold Human Being (Group A) <i>Glenda Monasch</i>   |                      |  |                       |  |                        |   |                                     |
| 7:15 – 8:45 B R E A K F A S T  |                      |  |                       |  |                        |   |                                     |
| 8:15 – 9:00<br>Eurythmy Exercises related to the Threefold Human Being (Group B) <i>Glenda Monasch</i>   |                      |  |                       |  |                        |   |                                     |
| 9:15 – 10:30<br>Interactive Learning in Small Groups: Medicinal Plant and Observational Lab<br><i>Adam Blanning and facilitators</i>   |                      |  |                       |  |                        |   |                                     |
| Nursing Course <i>Christoph von Dach, Anke Smeele, Laurie Schmiesing, Susan Moss</i>   |                      |  |                       |  |                        |   |                                     |
| C O F F E E / T E A B R E A K  |                      |  |                       |  |                        |   |                                     |
| 11:00 – 12:15<br>Text Study and Thinking Exercises in Small Groups using Steiner / Wegman: <i>Fundamentals of Therapy</i> ,<br>Chapter II: Why does the human being become ill? <i>Adam Blanning and facilitators</i>  |                      |  |                       |  |                        |   |                                     |
| Nursing Course <i>Christoph von Dach, Anke Smeele, Laurie Schmiesing, Susan Moss</i>   |                      |  |                       |  |                        |   |                                     |
| L U N C H B R E A K  |                      |  |                       |  |                        |   |                                     |
| 14:00 – 15:15<br>Individualizing Treatment in Chronic Disease <i>Adam Blanning</i><br>Rhythm and Transition – An Integrative Approach to Understanding the Time Element in Women’s Health <i>Carmen Eppel</i><br>Advanced Topics in Anthroposophic Medicine <i>Philip Incao</i>  |                      |  |                       |  |                        |   |                                     |
| Nursing Course <i>Christoph von Dach, Anke Smeele, Laurie Schmiesing, Susan Moss</i>   |                      |  |                       |  |                        |   |                                     |
| C O F F E E / T E A B R E A K  |                      |  |                       |  |                        |   |                                     |
| 15:45 – 17:00<br>Advanced Patient Assessment: Finding Systemic Patterns in Illness <i>Andrea Rentea</i><br>Prescribing Movement Therapy – Movement Exercises for Balancing Nerve and Limb Activity <i>Glenda Monasch</i><br>Exploring the Pharmacologic Principles that underlie Stimulatory and Suppressive Treatments: The Tria Principia <i>Albert Schmidli</i> |                      |  |                       |  |                        |   |                                     |
| Nursing Course <i>Christoph von Dach, Anke Smeele, Laurie Schmiesing, Susan Moss</i>   |                      |  |                       |  |                        |   |                                     |
| 17:15 – 17:45<br>CME Practice Improvement Program: Improving Patient Outcomes in Chronic Disease <i>Adam Blanning</i>  |                      |  |                       |  |                        |   |                                     |
| E V E N I N G B R E A K  |                      |  |                       |  |                        |   |                                     |
| 19:30 – 20:30<br>Healing is not a Static Process –<br>Understanding the differentiated Phases and Observable Dynamics<br>within the Treatment Course of an Illness<br><i>Adam Blanning, Andrea Rentea, Albert Schmidli</i>   |                      | Poster Presentations<br>of Case Histories<br>from participants |                       | 19:30-20:30<br>Eurythmy<br>Performance |                        | 19:30 – 20:30<br>Healing is not a Static Process (as Sa – Mo)<br><i>Christoph von Dach et al.</i> |                                     |